

- 1. Surgery will take place at Hotel Dieu Hospital. Take the elevator to the second floor, turn right and check in at Day Surgery.
- 2. The hospital will call you the day before, with your surgery time, they usually call between 12:00 p.m. and 5:00 p.m.
- 3. It is hospital policy that someone accompany you when leaving the hospital after surgery.
- 4. We will fax a prescription for eye drops to your pharmacy. You can pick the drops up the Friday before Surgery, but don't start them until the morning of surgery. There will be instructions on the eye drops. Please continue to take any previously prescribed eye drops up until and including the day of surgery unless otherwise advised.
- 5. You will need to fast as of midnight the night before; you can have clear fluids up to three hours before surgery (water, black coffee, tea, or gingerale).
- 6. If you have medications to take the morning of surgery, you can do so with sips of water.
- 7. If you are diabetic <u>DO NOT</u> take your diabetes medication the morning of surgery. You can bring apple juice to surgery in case you need it.
- 8. Bring all of your medications and eye drops with you to surgery in their original containers.
- 9. Bring sunglasses with you. Don't wear any jewelry or make-up or nail polish. If you have dentures, hearing aids or contact lenses please bring containers for them.
- 10. After surgery take it easy for one week; no heavy lifting over 20 pounds, keep your head above your heart when bending down, no driving until the doctor verifies your vision.
- 11. You will receive an eye drop instruction sheet at the hospital, please bring this with you to all of your follow–up appointments.
- 12. For Cataract surgery, you will have a same day and one week follow-up appointment at The Galen Eye Centre, which you will receive before you leave the hospital. You will require additional follow-up appointments at four weeks post-surgery; these appointments will be provided to you at your one-week follow-up appointment. Please note that additional post-operative appointments may also be required at the surgeon's discretion.



- 13. For Glaucoma surgery, you will have a one day and one week follow up appointment at The Galen Eye Centre, which you will receive before leaving the hospital. You will require additional follow-up appointments at four- and eight-week post-surgery; these appointments will be provided to you at your one-week follow-up appointment. Please note that additional post-operative appointments may also be required at the surgeon's discretion.
- 14. Please bring all of your eye drops including pre-surgical drops, in their original containers to all upcoming appointments.
- 15. If you have selected a specialty lens please call 613-548-2362 to pay for your lens.

If you have any questions please contact The Surgical Coordinator at The Galen Eye Centre, at 613-507-4800 Ext. 150#